

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		10:00-10:45 CYCLING Sandra				10:00-10:45 Uhr CYCLING Sibylle
16:45-17:30 YOGA KIDS 7+ Andrea			17:15-18:00 REHA-SPORT	15:15-16:00 B'S BALLETT KIDS 4+ Marina		
17:30-18:30 QIGONG Andrea			18:15-19:15 CYCLING Sibylle			
	18:15-19:00 CYCLING Sandra	18:30-19:15 HIIT Mario S.				
		19:30-20:30 ZUMBA Evelyn H.				

Groupfitness Kraft	Groupfitness Cardio	Groupfitness Body&Mind	wöchentl. Wechsel	Kinder- Fitness	REHA- Sport	Paartanz	Hiphop-Ballett- Heels-Line Dance	nur mit Einladung
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